

**WOLSEY ROAD CLUB 10 MILE OPEN TIME TRIAL**  
(Promoted for and on behalf of cycling Time Trials under their Rules & regulations)  
*Incorporating*  
**THE PAT PEPPER MEMORIAL TROPHY**

**SATURDAY 8<sup>h</sup> July 2023**

**COURSE B10/9**

**First rider off at 14.01 hours**

**Course Records** - Men 20.13 (Lloyd Chapman 2016) Women 23.24 (Becky Ridge 2022)

**TIMEKEEPERS:** Mike Havard & Daryl Butcher (both Wolsey RC)

**OBSERVER:** Colin Clarke & Stephen Searby (Both Wolsey Road Club)

**EVENT SEC:** Mark Pearce 8 Priory Way, Sleaford, Lincolnshire, NG34 7XD  
(Tel 01529 414280 or 07534177458)

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**AWARDS**

**SCRATCH:** 1<sup>st</sup> - £25-00 (*plus additional £10-00 for breaking men's course record*)  
2<sup>nd</sup> - £15-00 3<sup>rd</sup> - £10-00

**WOMEN:** 1<sup>st</sup> - £25-00 (*plus additional £10-00 for breaking women's course record*)  
*plus, Pat Pepper Memorial Trophy*  
2<sup>nd</sup> - £15-00 3<sup>rd</sup> - £10-00

**FASTEST VETS – Fastest in each category (£10-00 per rider):**  
40-49 yrs (A), 50-59 yrs (B) 60-69 yrs (C) 70-79 yrs (D), 80 yrs & over (E)

**JUN/JUV:** 1<sup>st</sup> - £10-00 2<sup>nd</sup> - £5-00

**TANDEM:** 1<sup>st</sup> - £15-00

**FASTEST TEAM OF 3 - £10-00 each**

**ONE PRIZE PER RIDER (EXCEPT TEAM)**

*The Pat Pepper Memorial Trophy will be presented to the fastest Lady at the HQ at the end of the event.(TBC)*

**COURSE DETAILS:** - **START** on B1078 approx. 0.25 miles from junction with B1084 near Sudbourne (what3words – debut.hardback.twins). Proceed northwards through Tunstall village (care on left hand bend in centre of village) to roundabout at entrance to Bentwaters airbase (4.5 miles), encircle and retrace past start, turning left onto B1084, to **FINISH** by large fence post in boundary fence on left, approx. 200 yards from 'Five Crossways', south of Sudbourne village (what3words – jogged.biked.restores).

## **EVENT HEADQUARTERS: -**

**Sudbourne Village Hall** – Snape Road, Sudbourne, Woodbridge, IP12 2AT (Approx. 2 miles from the start), (what3words – reminds.fruitcake.eternally).

Car Parking at rear of village hall: entry through front entrance / gap in wall.

Please note that the car park at the HQ is not large, so please park considerately at the rear of the hall to allow the maximum use of the car park.

**No parking on the pavements outside the hall on either side of the road.**

**HQ will be open for signing-on from 1 pm.**

**Course Notes:** The course is in reasonable condition, though the surface on the outward leg approaching Tunstall village is a little rough, as is the road in the tree lined section to the roundabout. At sign-on you are requested to **CAREFULLY** pay attention to the ‘Day of Event Risk Assessment’ sheet in which potential trouble spots will be highlighted.

**Rider’s Notes:** The start is approx. 2 miles from the HQ.

Please allow plenty of time (10-15 minutes) to get to the start.

From HQ travel south for approx. 0.5 mile, turn Right along B1084, then turn right onto B1078.

Start is approx. 0.25 mile further on your left.

## **LOCAL REGULATIONS PLEASE READ**

**IMPORTANT** – Competitors must not cross the **white centre line** on the right-angle bend in the centre of Tunstall Village. Failure to comply with this regulation may lead to disqualification.

**RACE NUMBERS/SIGNING ON:** Numbers will be at the H.Q. where you will need to sign in before being provided with your number and can be **exchanged for a drink after the event.** **Note:** All competitors – Please note that from 2017 all competitors are now required to **PERSONALLY** sign the sign out sheet when returning the number. Failure to do will result in the competitor being recorded as DNF

**WARMING UP:** No riding along the course by competitors once the event has started.

**U-TURNS:** U-Turns will not be permitted on the course or roads adjacent to the start and finish areas whilst the race is in progress.

**NOTE** - Any breaking of this regulation in the first case may mean disqualification from the event. Further cases will be referred to the District Committee.

**Definition** - A U-Turn is defined as a 180-degree turn completed within the highway whilst astride the machine. (It is recommended that rider(s) should dismount, check the road is clear in both directions, then, with machine walk across the road.)

**CYCLE HELMETS:** All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.

It is the responsibility of the rider (or parent of guardian if the rider is under 18 years of age) to:

(a) Select a helmet that offers protection against head injury and does not restrict the rider's vision or hearing.

(b) Ensure that the helmet is properly fitted, is undamaged and in good condition.

**FRONT & REAR LIGHTS:** All competitors – please be aware of CTT Regulation 14(i) & 14(j)

Cycling Times Trials mandates that riders use a front and rear light, either flashing or constant, visible to other road users and active while the machine is in use. You will **not** be allowed to start without working lights.

## ORDER OF START

| NO        | NAME                    | CLUB                        | CAT            | START        |
|-----------|-------------------------|-----------------------------|----------------|--------------|
| 01        | Alan McGuire            | Plomesgate CC               | Vet (B)        | 14:01        |
| 02        | Chris Parker            | Ipswich BC                  | Vet (B)        | 14:02        |
| 03        | Trevor Roberts          | Wolsey RC                   | Vet (A)        | 14:03        |
| 04        | John Vidler             | Plomesgate CC               | Vet (D)        | 14:04        |
| <b>05</b> | <b>Antony Stapleton</b> | <b>North Essex Velo</b>     | <b>Vet (B)</b> | <b>14:05</b> |
| 06        | Rory Florence           | Diss & District CC          | Vet (B)        | 14:06        |
| 07        | Claire Hall (W)         | North Essex Velo            | Vet (A)        | 14:07        |
| 08        | Thomas Hudson           | Loose Cannon's Cond         | Sen            | 14:08        |
| 09        | Dom Bell-Tye            | Diss & District CC          | Esp            | 14:09        |
| <b>10</b> | <b>Jamie Watson</b>     | <b>Colchester Rovers CC</b> | <b>Vet (B)</b> | <b>14:10</b> |
| 11        | Nicholas Webber         | CC Sudbury                  | Vet (C)        | 14:11        |
| 12        | Peter Tibbitts          | Ford CC                     | Vet (D)        | 14:12        |
| 13        | Chris Smith             | Essex Roads CC              | Vet (B)        | 14:13        |
| 14        | David Fenn              | CC Sudbury                  | Vet (D)        | 14:14        |
| <b>15</b> | <b>Ross Fawcett</b>     | <b>Orwell Velo</b>          | <b>Sen</b>     | <b>14:15</b> |
| 16        | Gavin Mortlock          | Colchester Rovers CC        | Vet (B)        | 14:16        |
| 17        | Patrick Ellis           | Diss & District CC          | Vet (B)        | 14:17        |

All riders are using Time Trail bikes, except where indicated (RB - Road bike)

**PLEASE NOTE:** Remember to sign back in on return to HQ.